



ASSOCIAÇÃO DE NATAÇÃO DE COIMBRA
RECORDES REGIONAIS MASCULINOS - TP

	Infantis B (13 anos)	Infantis A (14 anos)	Juvenis B (15 anos)	Juvenis A (16 anos)	Juniiores B (17 anos)	Juniiores A (18 anos)	Seniores (19+ anos)	Absolutos
50 Livres	CDL 00:26,65 10 Gabriel J Lopes	CUC 00:26,00 18 Diogo M Ribeiro	CUC 00:24,16 19 Diogo M Ribeiro	CUC 00:23,83 20 Diogo M Ribeiro	CUC 00:23,04 21 Diogo M Ribeiro	AAC 00:23,08 11 Gustavo A Madureira	AAC 00:22,47 17 Gustavo A Madureira	AAC 00:22,47 17 Gustavo A Madureira
100 Livres	CNAC 00:58,55 17 Diogo M Ribeiro	CUC 00:54,35 18 Diogo M Ribeiro	CUC 00:52,29 19 Diogo M Ribeiro	CUC 00:51,25 20 Diogo M Ribeiro	CUC 00:49,34 21 Diogo M Ribeiro	GCF 00:51,21 09 Mário A Pereira	CNAC 00:49,13 15 Mário A Pereira	CNAC 00:49,13 15 Mário A Pereira
200 Livres	FBSC 02:08,92 17 José D Dias	CUC 02:00,20 18 Diogo M Ribeiro	CUC 01:53,76 19 Diogo M Ribeiro	CUC 01:49,83 19 Diogo M Ribeiro	CUC 01:47,65 21 Diogo M Ribeiro	CNAC 01:52,42 08 Miguel S Oliveira	CNAC 01:46,03 14 Mário A Pereira	CNAC 01:46,03 14 Mário A Pereira
400 Livres	CNAC 04:35,42 17 Diogo M Ribeiro	SCC 04:20,38 19 Guilherme M Cardoso	CUC 04:02,41 19 Diogo M Ribeiro	CUC 03:58,82 19 Diogo M Ribeiro	IND 03:58,76 21 Gustavo P Marques	CNAC 03:56,55 02 Luis Silva	CNAC 03:45,21 19 Tomás M Veloso	CNAC 03:45,21 19 Tomás M Veloso
800 Livres	CNAC 09:37,73 14 João C Diz	SCC 09:01,50 19 Guilherme M Cardoso	CUC 08:36,01 19 Diogo M Ribeiro	SCC 08:29,11 13 Diogo M Marques	SCC 08:16,45 17 Diogo C José	SCC 08:05,36 14 Alexandre V Coutinho	SCC 08:02,49 15 Alexandre V Coutinho	SCC 08:02,49 15 Alexandre V Coutinho
1500 Livres	CNAC 18:13,19 14 João C Diz	SCC 17:10,06 19 Guilherme M Cardoso	CNM 16:32,94 97 Pedro Matos	SCC 16:12,81 13 Diogo M Marques	SCC 15:49,38 14 Alexandre V Coutinho	SCC 15:33,14 14 Alexandre V Coutinho	SCC 15:28,85 15 Alexandre V Coutinho	SCC 15:28,85 15 Alexandre V Coutinho
50 Bruços	CAQC 00:34,85 15 Duarte A Sousa	CPSPA 00:32,29 18 Rafael A Campos	SCC 00:32,02 21 Tomás V Oliveira	CDL 00:30,71 13 Gabriel J Lopes	CDL 00:29,76 14 Gabriel J Lopes	CNAC 00:29,66 14 Tomás M Veloso	ALN 00:28,19 18 Gabriel J Lopes	ALN 00:28,19 18 Gabriel J Lopes
100 Bruços	CNAC 01:14,06 17 Gonçalo B Moita	CNAC 01:09,36 01 António Pereira	SCC 01:07,30 20 Tomás V Oliveira	CDL 01:04,90 13 Gabriel J Lopes	CDL 01:03,11 14 Gabriel J Lopes	CNAC 01:02,40 14 Tomás M Veloso	ALN 01:00,23 19 Gabriel J Lopes	ALN 01:00,23 19 Gabriel J Lopes
200 Bruços	CAQC 02:38,94 15 Duarte A Sousa	CAQC 02:32,39 16 Duarte A Sousa	CNAC 02:27,67 02 António Pereira	ACM 02:24,15 98 Helder Lopes	GCF 02:21,28 01 João Pedro Neves	ACM 02:15,81 00 Helder Lopes	ALN 02:09,52 19 Gabriel J Lopes	ALN 02:09,52 19 Gabriel J Lopes
50 Costas	CDL 00:30,56 10 Gabriel J Lopes	CDL 00:29,69 11 Gabriel J Lopes	CUC 00:27,08 19 Diogo M Ribeiro	CDL 00:27,54 13 Gabriel J Lopes	CDL 00:25,37 14 Gabriel J Lopes	ALN 00:25,99 15 Gabriel J Lopes	ALN 00:23,69 18 Gabriel J Lopes	ALN 00:23,69 18 Gabriel J Lopes
100 Costas	FBSC 01:04,42 17 José D Dias	CDL 01:01,91 11 Gabriel J Lopes	CDL 00:57,38 12 Gabriel J Lopes	CDL 00:57,92 13 Gabriel J Lopes	CDL 00:54,97 14 Gabriel J Lopes	ALN 00:54,02 15 Gabriel J Lopes	ALN 00:51,48 18 Gabriel J Lopes	ALN 00:51,48 18 Gabriel J Lopes
200 Costas	FBSC 02:19,15 17 José D Dias	FBSC 02:14,94 18 José D Dias	CUC 02:10,76 19 Diogo M Ribeiro	CNM 02:09,95 98 Pedro Matos	CDL 02:02,88 14 Gabriel J Lopes	ALN 02:03,57 15 Gabriel J Lopes	ALN 01:52,66 18 Gabriel J Lopes	ALN 01:52,66 18 Gabriel J Lopes
50 Mariposa	CNAC 00:28,50 16 Manuel B Simões	CUC 00:27,35 18 Diogo M Ribeiro	CUC 00:26,18 18 Manuel B Simões	CUC 00:25,74 20 Diogo M Ribeiro	CUC 00:24,09 21 Diogo M Ribeiro	CNAC 00:24,83 09 Miguel S Oliveira	ALN 00:24,12 17 Gabriel J Lopes	CUC 00:24,09 21 Diogo M Ribeiro
100 Mariposa	CNAC 01:04,47 16 Manuel B Simões	CUC 00:59,19 18 Diogo M Ribeiro	CUC 00:56,61 19 Diogo M Ribeiro	CUC 00:56,18 20 Diogo M Ribeiro	CUC 00:52,54 21 Diogo M Ribeiro	ALN 00:55,51 15 Gabriel J Lopes	ALN 00:53,66 20 Gabriel J Lopes	CUC 00:52,54 21 Diogo M Ribeiro
200 Mariposa	CNAC 02:28,59 09 Tomás M Veloso	CUC 02:15,42 18 Diogo M Ribeiro	CUC 02:06,17 19 Diogo M Ribeiro	CUC 02:05,00 19 Diogo M Ribeiro	CUC 02:01,07 21 Diogo M Ribeiro	CNAC 02:05,19 09 Miguel S Oliveira	ALN 01:58,90 17 Gabriel J Lopes	ALN 01:58,90 17 Gabriel J Lopes
100 Estilos	CDL 01:06,87 10 Gabriel J Lopes	CDL 01:02,84 11 Gabriel J Lopes	CUC 01:00,62 19 Diogo M Ribeiro	CUC 00:59,38 20 Diogo M Ribeiro	CDL 00:57,55 13 Gabriel J Lopes	CNAC 00:58,12 13 Tomás M Veloso	ALN 00:53,28 18 Gabriel J Lopes	ALN 00:53,28 18 Gabriel J Lopes
200 Estilos	CNAC 02:23,23 17 Diogo M Ribeiro	CDL 02:16,35 11 Gabriel J Lopes	CUC 02:09,00 18 Diogo M Ribeiro	CUC 02:06,60 19 Diogo M Ribeiro	CNAC 02:03,28 12 Tomás M Veloso	ALN 02:00,59 15 Gabriel J Lopes	ALN 01:55,08 18 Gabriel J Lopes	ALN 01:55,08 18 Gabriel J Lopes
400 Estilos	CNAC 05:08,56 17 Diogo M Ribeiro	CUC 04:53,35 18 Diogo M Ribeiro	CUC 04:35,32 19 Diogo M Ribeiro	CUC 04:30,93 19 Diogo M Ribeiro	CNAC 04:23,90 12 Tomás M Veloso	CNAC 04:26,81 08 Miguel S Oliveira	ALN 04:08,36 18 Gabriel J Lopes	ALN 04:08,36 18 Gabriel J Lopes

 Recorde Nacional de P25 em vigor
 Recorde Nacional de P25 à época

 Recorde Regional estabelecido na presente época